



THIS Week

Seasonal • Fresh • Local Produce

MAIN DISHES

Monday

Chicken Curry
Vegetable & Quorn Curry (V)

Tuesday

Beef Lasagne
Mushroom Pasta Bake (V)

Wednesday

BBQ Style Pork
Baked Macaroni Cheese (V)

Thursday

Breaded Chicken
Med Veg Quiche (V)

Friday

Homemade Pizza Bar
Pepperoni or Margharita

SIDES

Monday

Rice & Carrots

Tuesday

Garlic Bread & Mixed Vegetables

Wednesday

Parsley Potatoes & Tender Stem Broccoli

Thursday

Savoury Rice & Green Beans

Friday

Chipped Potatoes, Coleslaw & Chef's Salad

DAILY STAPLES

- Pasta
- Homemade tomato sauce
- Cheese
- Home cooked ham
- Daily salads
- Fresh fruit
- Jellies

DESSERTS

Monday Selection of Dessert Pots

Tuesday Selection of Dessert Pots

Wednesday Selection of Dessert Pots

Thursday Selection of Dessert Pots

Friday Selection of Dessert Pots

Menu

SENIOR SCHOOL
WEEK STARTING MONDAY 6TH SEPTEMBER



Daily Staples

Pasta, homemade tomato sauce, jacket potatoes, cheese, baked beans
A selection of salads, Home cooked ham & Fruit

MAIN DISH

Monday

Chicken Madras with Roasted Peppers
Vegetable & Quorn Curry (V)

Tuesday

Beef Lasagne
Feta & Beetroot stuffed Mushroom (V)

Wednesday

BBQ Style Pork
Baked Macaroni Cheese with Salsa (V)

Thursday

Breaded Chicken
Med Veg Quiche (V)

Friday

Homemade Pizza Bar
Pepperoni or Margharita

SIDES

Monday

Turmeric Rice & Coriander Carrots

Tuesday

Garlic Bread & Mixed Vegetables

Wednesday

Parsley Potatoes & Tender Stem Broccoli

Thursday

Cajun Rice & Green Beans

Friday

Chipped Potatoes, Coleslaw & Chef's Salad

DAILY STAPLES

- Pasta
- Homemade tomato sauce
- Cheese
- Home cooked ham
- Daily salads
- Fresh fruit
- Jellies

DESSERTS

Monday Selection of Dessert Pots

Tuesday Selection of Dessert Pots

Wednesday Selection of Dessert Pots

Thursday Selection of Dessert Pots

Friday Selection of Dessert Pots

Menu

BOARDERS TEA
WEEK STARTING MONDAY 6TH SEPTEMBER



Daily Staples
A selection of salads, Fruit,
and freshly made cold
desserts from the Dessert
Counter

MAIN DISHES

Monday

Lamb Koftas with Rich Tomato Sauce

Tuesday

Chicken & Chorizo Risotto with Sweet Peas

Wednesday

Four Hour Belly Pork with Apple Sauce

Thursday

Mexican Chilli Con Carne

Friday

Ras cel Hanout Chicken

Saturday

Pasta Bar with choice of Sauces & Meats

Sunday

Traditional Sunday Roast with all the Trimmings

VEGETARIAN

Monday

Italian Squash & Chickpea Stew with Natural Yoghurt (V)

Tuesday

Sweet Potato & Spinach Frittata (V)

Wednesday

Tomato & Cheese Pasta Bake (V)

Thursday

Veggie Enchilladas (V)

Friday

Halloumi Kebabs with Balsamic Glaze (V)

Saturday

Jacket Potato with Various Fillings (V)

Sunday

Leek & Potato Gratin (V)

SIDES

Monday Bulgur Wheat & Steamed Greens

Tuesday Rosemary Roasted Pots & Tossed Salad

Wednesday Mustard Mash & Broccoli

Thursday Steamed Rice & Nachos

Friday Lemon & Garlic Rice & Sugar Snaps

Saturday Potato Wedges & Salads

Sunday Roast Potatoes & Vegetables

BREAKFAST

Monday Omelette, Baked Beans & Hash Browns

Tuesday Traditional, Cereals & Yoghurt

Wednesday Pastries, Waffles, Cereals & Yoghurt

Thursday Traditional, Cereals & Yoghurt

Friday Baked Beans, Toast, Eggs, Waffles & Cereals