



THIS Week

Seasonal • Fresh • Local Produce

MAIN DISHES

Monday

Garlic & Herb Chicken (GF) (DF) with Pitta
Pea Risotto (GF)

Tuesday

Honey Glazed Pork with Rice & Beans (GF) (DF)
Butternut Squash & Ricotta Cannelloni

Wednesday

Paprika Chicken (GF) (DF) & Linguine
Sweetcorn Fritters & Yoghurt Dip

Thursday

Beef Stew (DF)
Smokey Mexican Halloumi with Black Beans (GF)

Friday

Battered Cod with Tartare Sauce
Layered Tortilla Stack with Roasted Peppers

SIDES

Monday

Carrots & Buttered New Potatoes

Tuesday

Selection of Buttered Greens

Wednesday

Sautéed Potatoes & Seasonal Vegetables

Thursday

French Style Peas & Mash

Friday

Chipped Potatoes & Mushy Peas

DAILY STAPLES

- Pasta
- Homemade tomato sauce
- Cheese
- Home cooked ham
- Daily salads
- Fresh fruit
- Jellies
- Selection of dessert pots

DESSERTS

Monday Selection of Dessert Pots

Tuesday Selection of Dessert Pots

Wednesday Selection of Dessert Pots

Thursday Selection of Dessert Pots

Friday Selection of Dessert Pots

Menu

SENIOR SCHOOL
WEEK STARTING MONDAY 13TH SEPTEMBER



Daily Staples

Pasta, homemade tomato sauce, jacket potatoes, cheese, baked beans
A selection of salads, Home cooked ham & Fruit

MAIN DISH

Monday

Spicy Chicken (GF) (DF) with Pitta
Fennel & Lemon Risotto (GF)

Tuesday

Honey Glazed Pork with Rice & Beans (GF) (DF)
Butternut Squash & Ricotta Cannelloni

Wednesday

Cajun Chicken (GF) (DF) & Romano Linguine
Sweetcorn Fritters & Yoghurt Dip

Thursday

Beef in Red Wine Sauce, Shallots & Mushrooms (DF)
Smokey Mexican Halloumi with Black Beans (GF)

Friday

Battered Cod with Tartare Sauce
Layered Tortilla Stack with Roasted Peppers

SIDES

Monday

Glazed Carrots & Buttered New Potatoes

Tuesday

Selection of Buttered Greens

Wednesday

Sautéed Potatoes & Seasonal Vegetables

Thursday

French Style Peas & Mashed Potatoes

Friday

Chipped Potatoes & Mushy Peas

DAILY STAPLES

- Pasta
- Homemade tomato sauce
- Cheese
- Home cooked ham
- Daily salads
- Fresh fruit
- Jellies
- Selection of dessert pots

DESSERTS

Monday Selection of Dessert Pots

Tuesday Selection of Dessert Pots

Wednesday Selection of Dessert Pots

Thursday Selection of Dessert Pots

Friday Selection of Dessert Pots

Menu

BOARDERS TEA
WEEK STARTING MONDAY 13TH SEPTEMBER



Daily Staples

A selection of salads, Fruit,
Artisan bread and freshly
made cold desserts from
the Dessert Counter

MAIN DISHES

Monday

Meatballs with Parmesan, Lemon & Parsley

Tuesday

Hand pressed Chicken Burger with Relish (DF)

Wednesday

Lasagne with Garlic Bread

Thursday

Homemade Sausage Roll (DF)

Friday

Chicken Kebabs with Chilli Sauce & Minted Yoghurt (GF)

Saturday

Mexican Night

Sunday

Beef Bobotie

VEGETARIAN

Monday

Goats Cheese & Spinach Filo Tart

Tuesday

Thai Curried Vegetables (GF)

Wednesday

Spicy Vegetable Pizza

Thursday

Vegetable Lattice

Friday

Mediterranean Pasta Bake

Saturday

Mexican Night

Sunday

Mushroom Stroganoff with Wild Rice (GF)

SIDES

Monday Market Vegetables & Wedges

Tuesday Basmati Rice & Tossed Salad

Wednesday Rocket Salad & Paprika Potatoes

Thursday Baked Beans & Home Fries

Friday Shredded Salad & Green Beans

Saturday Mexican Night

Sunday Spiced Potatoes & Vegetables

BREAKFAST

Monday Omelette, Baked Beans & Hash Browns

Tuesday Traditional, Cereals & Yoghurt

Wednesday Pastries, Waffles, Cereals & Yoghurt

Thursday Traditional, Cereals & Yoghurt

Friday Baked Beans, Toast, Eggs, Waffles & Cereals