



## MAIN DISHES

### Monday

Sausages, Onion Gravy (d/f)  
Quorn Sausages, Onion Gravy (d/f)

### Tuesday

Chicken Stew (d/f g/f)  
Cheese Toasties

### Wednesday

Pasta Bolognaise (d/f)  
Cheese & Tomato Risotto (g/f)

### Thursday

Creamy Pork & Mushroom (g/f)  
Squash & Chick Pea Stew (d/f g/f)

### Friday

Battered Cod, Homemade Tartare Sauce  
Cheese & Onion Tortilla Stack

## SIDES

### Monday

Mashed Potato (d/f) & Garden peas (d/f)

### Tuesday

Lemon & Herb Cous Cous (d/f) & Garlic Green Beans

### Wednesday

Garlic Bread & Roasted Vegetables

### Thursday

Steamed Rice, Broccoli

### Friday

Chipped Potatoes & Coleslaw

## DAILY STAPLES

- Pasta
- Homemade tomato sauce
- Cheese
- Home cooked ham
- Daily salads
- Fresh fruit
- Jellies
- Selection of dessert pots

## DESSERTS

**Monday** Selection of Dessert Pots

**Tuesday** Selection of Dessert Pots

**Wednesday** Selection of Dessert Pots

**Thursday** Selection of Dessert Pots

**Friday** Selection of Dessert Pots

# Menu

SENIOR SCHOOL  
WEEK STARTING MONDAY 10<sup>th</sup> January



## Daily Staples

Pasta, homemade tomato sauce, jacket potatoes, cheese, baked beans  
A selection of salads, Home cooked ham & Fruit

## MAIN DISH

### Monday

Sykes House Farm Sausages, Onion Gravy (d/f)  
Quorn Sausages, Onion Gravy (d/f)

### Tuesday

Moroccan Chicken Stew (d/f g/f)  
Cheese Toasties

### Wednesday

Pasta Bolognese (d/f)  
Sun Blushed Tomato Risotto (g/f)

### Thursday

Pork & Mushroom Stroganoff (g/f)  
Squash & Chick Pea Stew (d/f g/f)

### Friday

Battered Cod, Homemade Tartare Sauce  
Roasted Pepper Tortilla Stack

## SIDES

### Monday

Mashed Potato (d/f) & Garden peas (d/f)

### Tuesday

Lemon & Herb Cous Cous (d/f) & Garlic Green Beans

### Wednesday

Garlic Bread & Roasted Vegetables

### Thursday

Steamed Rice, Broccoli

### Friday

Chipped Potatoes & Coleslaw

## DAILY STAPLES

- Pasta
- Homemade tomato sauce
- Cheese
- Home cooked ham
- Daily salads
- Fresh fruit
- Jellies
- Selection of dessert pots
- Fresh soup of the day

## DESSERTS

**Monday** Selection of Dessert Pots

**Tuesday** Selection of Dessert Pots

**Wednesday** Selection of Dessert Pots

**Thursday** Selection of Dessert Pots

**Friday** Selection of Dessert Pots

# Menu

BOARDERS TEA

WEEK STARTING MONDAY 10th JANUARY 2022



## Daily Staples

A selection of salads, Fruit, Artisan bread and freshly made cold desserts from the Dessert Counter

## MAIN DISHES

### Monday

Chilli Con Carne, soured Cream

### Tuesday

Breaded Chicken Burger, chipotle mayo

### Wednesday

Shepard's Pie

### Thursday

Chicken Tikka Masala

### Friday

Geek Lamb with Orzo

### Saturday

Pasta Bar, Various Sauces & Meats

### Sunday

Honey Glazed Ham, Mustard Cream Sauce

## VEGETARIAN

### Monday

Spinach, tomato & mozzarella quesadilla

### Tuesday

Breaded Halloumi burger, sweet Chilli sauce

### Wednesday

Sweet Potato Cake, Poached Egg, Mustard Sauce

### Thursday

Chick Pea & spinach Korma

### Friday

Traditional Ratatouille

### Saturday

Mixed bean & cheese Potato Skins

### Sunday

Caramelised Onion & Feta Filo Tart

## SIDES

**Monday** Basmati Rice & buttered savoy Cabbage

**Tuesday** Hand Cut Wedges, House salad

**Wednesday** Seasonal Vegetables

**Thursday** Pilau Rice, Cabbage salad

**Friday** Tomato & Red onion salad with pesto

**Saturday** Garlic Bread, Caesar Salad

**Sunday** Mashed Potato & Mixed Greens

## BREAKFAST

**Monday** choice of eggs, Baked Beans & Hash Browns

**Tuesday** Breakfast sandwich, Cereals, fruit & Yoghurt

**Wednesday** Pastries, Cereals & Yoghurt

**Thursday** Traditional breakfast, Cereals & fruit

**Friday**, Waffles with fruit & Cereals